



Coupe du Québec 2019



Pointe Claire Yacht Club &
Association québécoise de voile
adaptée

Pointe Claire, Québec
July 27-28, 2019

SAILING INSTRUCTIONS

The notation '(DP)' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the *Racing Rules of Sailing*.
- 1.2 The 2016 Martin 16 Class Rules will apply
- 1.3 With respect to Martin 16 Class Rule 6.2.2, sailing companions are mandatory for Silver Fleet and optional for Gold Fleet.
- 1.4 If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official notice board located outside on the PCYC veranda.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted on the official notice board of the club before 0830 on the day it will take effect, except that any change to the schedule will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole of the club located at the front of the PCYC bar entrance.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.

5. SCHEDULE OF RACES

- 5.1 Dates of racing:

Fleet	Date	Start
Gold	Sat, July 27	1000h
Silver	Sat, July 27	1400h
Silver	Sun, July 28	0930h
Gold	Sun, July 28	TBD

5.2 Number of races: At its sole discretion, the Race Committee (RC) will determine the number of races each fleet will sail based on weather conditions and/or the number of races sailed by the previous fleet of the day.

5.3 A maximum of six races are scheduled for each fleet.

5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5.5 On the last scheduled day of racing no warning signal will be made after 16:00.

6. CLASS FLAGS

The class flag will be a pink flag.

7. RACING AREAS

Attachment A shows the location of the racing area

8. THE COURSE

8.1 The diagram in Attachment B shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 Where there is a gate, if one of the gate marks is missing the remaining gate mark will be left to port.

9. MARKS

Marks 1 and 2p and 2s will be orange tetrahedrons. The starting and finishing mark will be a red ball. The change mark will be a yellow tetrahedrons.

10. THE START

10.1 The starting line will be between an orange flag on the signal boat and the course side of a red ball.

10.2 A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

The finish line will be between the mast of the RC boat displaying an orange flag and the course side of an inflatable mark (red ball). As depicted in the course drawing, the start and finish line are the same.

13. PENALTY SYSTEM

The Two-Turns Penalty as described in RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14. TIME LIMIT AND TARGET TIMES

Mark 1 Time limit	Target time	Finish Window
30	45	15

14.1 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

14.2 Boats failing to finish within the finish window after the first boat sails the courses and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 Protests forms are available at the bar in the PCYC clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.2 The protest time limit is 60 minutes after the RC boat has come ashore at the end of each day.

15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the PCYC sail shed.

16. SCORING

16.1 One race is required to be completed to constitute a series.

16.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

16.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY

17.1 A companion is allowed, but not required in the Gold fleet. The companion is allowed to provide physical assistance only (DP).

17.2 Each sailor in the Silver fleet must have a sailing companion aboard, and this companion shall be allowed to provide advice and physical assistance as described in the Martin 16 Class Rules (DP).

17.3 A boat that retires from a race shall notify the race committee as soon as possible (DP).

18. RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This applies to cell phones as well.

19. PRIZES

Regatta prizes will be awarded following the Gold Fleet racing on Sunday, July 29th.

20. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

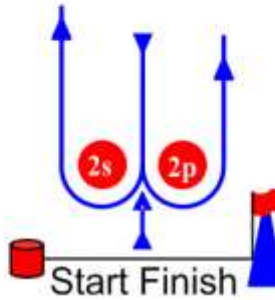
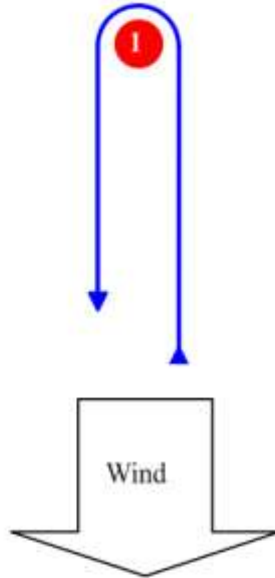
ATTACHMENT A

RACING AREA



ATTACHMENT B

THE COURSE



Signal	Mark Rounding Order
L1	Start-1-Finish
L2	Start-1-2s/2p-1-Finish
L3	Start-1-2s/2p-1-2s/2p-1-Finish
L4	Start-1-2s/2p-1-2s/2p-1-2s/2p-1-Finish